## **HUMAN NEEDS**

We all have a need to belong, to be treated fairly, to feel safe, secure, and loved.

## **ENDORSERS**

"Mutual courtesy and respect is the foundation of culture."

Gandhi

# THE PROGRAM

May your life be filled with helping hands.



<u>PHYSIOLOGICAL:</u> The need to have shelter, water, food, clothing, and sleep.

**BELONGING**: The need to feel a sense of belonging to a particular group.

"Children don't care how much you know until they know how much you care." JC Maxwell

<u>EMOTIONAL</u>: The need to feel happy and at peace. "It's about being seen and heard and to be who you are and to speak your truth." Rachel N Remen

<u>FAIRNESS</u>: The need to receive impartial and just treatment without discrimination.

"Everyone is a genius, but if you judge a fish on its ability to climb a tree, it will live its whole life believing it's stupid." Albert Einstein



"Anyone who can make you believe absurdities can make you commit atrocities" Voltaire

"It is with enthusiasm that I support the "LOVE Program" and I commend Dr. Paula Tucker-Hogan for her efforts to bring this opportunity to Brunswick County.

Dr. Jerry Oates, Superintendent, BC Schools

"We are excited to be piloting this program at Lincoln. We prioritize teaching our students to be leaders that are academically, socially, and personally successful, This program will contribute to us achieving that mission."

Ms. Pamela Biggs, Principal, Lincoln Elementary School

"Communities in Schools (CIS) is happy to support the LOVE Program, designed to work with kindergarten students to instill in them the importance of kindness and respect in their interactions and relationships with others. The earlier students learn to be compassionate and caring toward others, the more prepared they are to become positive within their school community and the community at large.

Ms. Bonnie Jordan, Executive Director, CIS



"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead

"The basic problem confronting the world today is the preservation of human freedom for the individual and consequently for the society of which [she] he is a part. E Rosevelt

FOR MORE INFORMATION CONTACT: drpthogan@gmail.com

### **CREATING A MORE PEACEFUL WORLD**

'We must turn to each other and not on each other."

Jesse Jackson



"I am worthy because I was born. I will live my life to make myself proud."

Our Program is designed to help eliminate, one small step at a time, the negativity and hate that exist in our homes, families, neighborhoods, schools, nations, and the world, by spreading more *love and kindness*.

Volunteers work in concert with the kindergarten teachers, all school personnel, Communities in Schools (CIS), and parents to assist in the further development of the children's *loving and kind* nature. Once a week, during a prescribed time, the volunteers engage the children in an interactive state-based SEL *love and kindness* lesson to help strengthen their love of themselves, and develop an understanding and appreciation of differences: cultural, emotional, ethnic, family, language, learning, loving, mental, physical, and skin color.

The Old Adage that "sticks and stones may break my bones, but words will never harm me!" is **NOT TRUE!!!** Children will be helped to learn how to settle differences using their 'good' words (brain) vs. fighting (brawn).

#### THE SPRING PROGRAM

There will be a Spring Program, in May, where the children will demonstrate (to their parents, volunteers and all school personnel), in a play, what they have learned about *love and kindness*.

## THE VOLUNTEERS

We are peacemakers helping to sow seeds of love and kindness.

"The older I get, the more power I seem to have to help the world." Susan B. Anthony

# ADDITIONAL RESOURCES

"The idea that some lives matter less is the root of all that is wrong with the world." Dr. Paul Farmer

# **KINDERGARTEN**

"If we are to teach real peace in this world, and if we are to carry on a real war against war, we shall have to begin with the children." Gandhi

WHO WE ARE



"[We] hold a vision of a world at peace, where cooperation and compassion rule and we respect our differences, living in harmony." (Unknown)

We are parents and (mostly retired) attorneys, authors, Court Appointed Special Advocates, Guardians Ad Litem, Law Enforcement Officers, mediators, NASA administrators, principals, physicians, psychologists, social workers, teachers, university professors/administrators, etc.

### **ADMINISTRATIVE STAFF**

Director - Paula Tucker-Hogan, PhD

Executive Assistant- Camille Holmes, BS

Consultant - Sandra Lewis - MS

Evaluator - Naomi Randolph, MS, CAS

Parent Coordinator - Terry Dismore, MS (Author)

Parent Co-Coordinator - Barbara E Banks, BS

Classroom Volun Coord - Andrea Bertolino, MS

Classroom Vol Co-Cord. -

**Translator (Spanish)** Juan Rodriquez, MS **Translator (Spanish)** - Guy T. Hogan, Phd. JD

# **CLASSROOM VOLUNTEERS**

Alice Renales, Andrea Bertolino, Anne Tagliareni, Diana Wood, Jody Lograsso, Juan Rodriquez, Kerrie Dunne, Marjorie Polk, Mary Ellen O'Meara, Mary Wenners, Randi Weil, Ronda Gaffney, Rosemarie Moore, Sharon Salz, Sue Haberman, Toni Whitaker, . (More to be added) BRUNSWICK COUNTY SCHOOLS www.bcswan.net

COMMUNITIES IN SCHOOLS, (CIS)

www.cisbrunswick.org or

contact Ms. Bonnie Jordan, Executive Director,

bjordan@cisbrunswick.org

THE LUMBEE TRIBE OF NORTH CAROLINA contact Mr. John Lowery, Tribe Chairman 910.521.7861 x 201

**VIDEOS: SESAME STREET, SAVE THE CHILDREN** 

NC CONGRESS OF LATINO ORGANIZATIONS 919.225.1673

CAROLINA ASIA CENTER 919.843.9065

SAFE SCHOOLS NC RESOURCES
Contact J.Clapp, Executive Director 919.827.1436

RESPECT ABILITY 202.517.6272 info@respectability.org

SCHOOLS: A.S NEILL SUMMERHILL, MONTESSORI, WALDORF, FRIENDS

#### **IMPACT ON KINDNESS**

You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone's entire life around. You never know how much someone needed that long hug or deep talk. So don't wait to be kind. Don't wait for someone else to be kind first. Don't wait for better circumstances or for someone to change. Just be kind, because someone needs it. ("Impact" by Nikki Banas)

"Let there be peace on Earth, and let it begin with me." Jill Jackson



"No act of kindness, however small, is ever wasted."

Aesop

**Kindergarten** is the first year of primary education and is generally for 5-year olds; however, it may also include 4 and 6 year olds. It offers learning opportunities to build the children's social, emotional, and academic skills, and prepare them for further education.

"While we may not always be able to control what happens to us, we can control how we respond."

#### LINCOLN ELEMENTARY SCHOOL

1664 Lincoln Road, Leland, NC (910.371.3597)
Mrs. Pamela Biggs, Principal
pbiggs@bcswan.net
Ms. Alicia Danielson, Parent Facilitator
adanielson@bcswan.net

#### KINDERGARTEN TEACHERS

Elizabeth Bunn, Grade Level Chair
Ashleigh Adams
Barbara Brewer
Audrey Hollis
Sara Melancon
Chelsea Vale